

**Meeting 19 —Clearness
Committees, Session #3
(Up to 90 minutes)**



**women
thriving
in ministry**
AN INITIATIVE OF ASBURY THEOLOGICAL SEMINARY

Note to Mentor: Two lesson plans are provided, Plan A for use when someone has prepared to be a “Focus Person” for the Clearness Committee and Plan B for use when no one prepared in advance.

PLAN A

The Gathering Time—15 minutes

- As people join the meeting, welcome them and create a place of hospitality. When all have arrived, open your time in prayer.
- Provide an opportunity for a brief “check-in” by choosing one of these questions (or another of your choice). Model brevity by going first, but do intentionally give everyone an opportunity to share what is most pressing for them, as the focus this month will be on one member of the group:
 - What’s new and good since we were together last?
 - What is a high, a low, or an “a-ha” (something you’ve learned) in the last month (or share all three)?

Clearness Committee, Session #3—50 minutes

- Opening and Intros (no more than 10 minutes)
 - Brief check in about previous experiences.
 - To the previous Focus Person: as you’ve had time to process your experience from last month, could you share about how the experience was valuable for you?
 - To all: Did anyone have any questions about the process? Does anyone want to say anything about the Clearness Committee before we start?
 - Opening Prayer for the Holy Spirit’s guidance
 - Facilitator refreshes the rules
 - *Focus Person:* keep the “backstory” or side comments to a minimum. Don’t get distracted by things not central to what’s at the heart of the discussion.

- *Group members:* Focus on listening through the power of the Holy Spirit. Keep notes of the actual words that the Focus Person shared. Ask questions that emerge from the listening posture and stick to questions that bring up clarity. Don't try to "fix" the thinking or the actions of the focus person.
 - Focus Person reads (or speaks from) her prepared statement
- The conversation (25 minutes)
 - The Facilitator starts a conversation with the first question (perhaps something like: what aspect of what you've shared is most pressing on your mind or heart right now?)
 - The group will discuss with open and honest, non-leading questions.
- The Reflection (10 minutes)
 - The Facilitator asks the Focus Person if she is ready to suspend the questions and begin the "mirroring." If not, continue questions. If so, move on to the process of reflecting her own language and body language to identify if what you observed resonates with her experience. She can respond, "Yes, that's me," "no, that's not me," or even just be silent.
- The Closing (5 minutes)
 - The facilitator asks the group members to affirm and celebrate the gifts of the focus person.

PLAN B

This plan is to be used when no one has prepared to be the "Focus Person" for the Clearness Committee.

The Gathering Time—20 minutes

- As people join the meeting, welcome them and create a place of hospitality. When all have arrived, open your time in prayer.
- This time will allow everyone to have a quick "check-in" but the hope is for one person to be opened up to sharing more deeply later on in the meeting. These questions are intended to probe a little deeper than our usual "opening" questions. Ask group members to answer one of the following questions:
 - What is really challenging you in your ministry right now?
 - What are you really enjoying or do you feel most hopeful about in your ministry setting right now?
 - Are there any "issues" that keep reappearing in your ministry? Can you name them?
- Ask the group if anyone would be willing to be the Focus Person for today and open up a bit more deeply for the group discernment experience.

Clearness Committee, Session #3—45 minutes

- Opening and Intros (no more than 5 minutes)
 - Brief check in about previous experiences.
 - To the previous Focus Person: as you've had time to process your experience from last month, could you share about how the experience was valuable for you?
 - To all: Did anyone have any questions about the process? Does anyone want to say anything about the Clearness Committee before we start?
 - Opening Prayer for the Holy Spirit's guidance
 - Facilitator refreshes the rules
 - *Focus Person*: keep the "backstory" or side comments to a minimum. Don't get distracted by things not central to what's at the heart of the discussion.
 - *Group members*: Focus on listening through the power of the Holy Spirit. Keep notes of the actual words that the Focus Person shared. Ask questions that emerge from the listening posture and stick to questions that bring up clarity. Don't try to "fix" the thinking or the actions of the focus person.
- Identifying the Focus (10 minutes)
 - Facilitator asks the Focus Person the following questions:
 - Would you share with us a challenge or an opportunity that you're facing in ministry right now?
 - Who are the main "players" in the situation? What is each person's role?
 - Are there other non-people dynamics that are important in considering the tension around the challenge or opportunity?
- The conversation (15 minutes)
 - The Facilitator starts a conversation with the first question (perhaps something like: what aspect of what you've shared is most pressing on your mind or heart right now?)
 - The group will discuss with open and honest, non-leading questions.
- The Reflection (10 minutes)
 - The Facilitator asks the Focus Person if she is ready to suspend the questions and begin the "mirroring." If not, continue questions. If so, move on to the process of reflecting her own language and body language to identify if what you observed resonates with her experience. She can respond, "Yes, that's me," "no, that's not me," or even just be silent.
- The Closing (5 minutes)
 - The facilitator asks the group members to affirm and celebrate the gifts of the focus person.

Shared Reading, Find Me Lord—15 minutes

Share the following reading and invite members of your group to each read a section (OR ask someone to read the whole thing). Following the reading, reflect on the questions noted below.

Find Me Lord

Ted Loder, in *Guerrillas of Grace: Prayers for the Battle*

Oh, Eternal One,
it would be easier for me to pray
if I were clear and of a single mind and a pure heart;
if I could be done hiding from myself and from you, even in my prayers.

But, I am who I am,
mixture of motives and excuses,
blur of memories, quiver of hopes,
knot of fear, tangle of confusion,
and restless with love, for love.

I wander somewhere between gratitude and grievance,
wonder and routine, high resolve and undone dreams,
generous impulses and unpaid bills.

Come, find me, Lord.
Be with me exactly as I am.
Help me find me, Lord. Help me accept what I am,
so I can begin to be yours.

Make of me something small enough to snuggle,
young enough to question, simple enough to giggle,
old enough to forget, foolish enough to act for peace,
skeptical enough to doubt the sufficiency of anything but you,
and attentive enough to listen
as you call me out of the tomb of my timidity
into the chancy glory of my possibilities
and the power of your presence.

Amen.

Group Reflection Questions:

- How does this reading articulate where you are right now?
- Do you feel tension between wanting to be found or wanting to hide—even from God?
- Where are you encountering the Holy Spirit’s activity in your life, bringing clarity or direction?
- Read it a second time, just to linger a bit longer with some of the possibilities that could emerge from these words: Is there a word, a phrase, or an idea that you may want to “hold on to” in the season ahead?

Inviting Response—5 minutes

- Is there anything that you've not said yet that you'd like to say?
- Who would be willing to go next by presenting something to us as a Clearness Committee next month?
- Confirm next meeting time.

Closing Prayer—5 minutes

Remind them of the Group Commitments, one being prayer for one another. Are there any updates or new prayer concerns within this group? Share them now. Ask each person to pray for another person. (Agree upon those prior to praying.)